



**THE NEXT GENERATION:
STRENGTH, VISION & LEGACY** 6-13 July 2025

Liverpool Plains NAIDOC WEEK CALENDAR 2025

Monday 7th July

10:30am
Flag Raising
Nungaroo LALC

Loder St Quirindi

Tuesday 8th July

10am-1pm
Liverpool Plains
Family Fun Day
Quirindi

Nancy Gray OAM Pavilion

Wednesday 9th July

10am - 1pm
Walhallow
Community Fun Day

Walhallow

Thursday 10th July

9am - 3pm
Youth Touch Footy
Tournament

Longfield Oval

Friday 11th July

10am
Quirindi Hospital
Flag Raising &
Morning Tea

From 10:30am

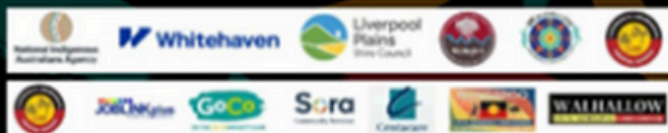
Community Mural Quirindi
Police Station TBC

Wednesday 16th July

10am - 1pm
Nungaroo Cultural
Day

5 Stuart St Quirindi

Liverpool Plains NAIDOC events proudly sponsored by:



WALHALLOW
ABORIGINAL CORPORATION

MONTHLY NEWSLETTER | JUNE/JULY 2025



Quirindi marked NAIDOC Week 2025 with a vibrant community celebration. Charlee Stanford opened the event with an Acknowledgement of Country, and Elder Neville Smallwood had the honour of cutting the NAIDOC cake. Joblink Plus and the PCYC hosted BBQs, with a range of local services in attendance to support and connect with community. Thank you to all who organised and contributed to a successful event. The day reflected this year's theme: "The Next Generation: Strength, Vision & Legacy."

HEALTH WEEK AT WALHALLOW



Health Week at Walhallow brought community together to stay healthy. Thank you to Ted and Shelly Fields who attended the day, shared their knowledge with our community and made a delicious lunch.



2 DAY STAFF WORKSHOP TURNING POTENTIAL INTO PERFORMANCE

Staff recently took part in a comprehensive two-day workshop titled "Turning Performance into Potential," facilitated by Anthony Carter to enhance overall clinic services. The first day, held in Quirindi, focused on identifying challenges and developing practical strategies to improve health care delivery. The second day, held in Coledale, emphasised teamwork, skill development, and community engagement to strengthen collaboration and support better outcomes across all clinic programs. These sessions provided valuable opportunities for staff to connect, share insights, and align efforts in delivering improved care and support for the communities we serve



Sewage and chemicals



Gastroenteritis



Skin infection



Leptospirosis



Mosquito-borne disease



Spider or snake bites



Floodwater can make you sick.

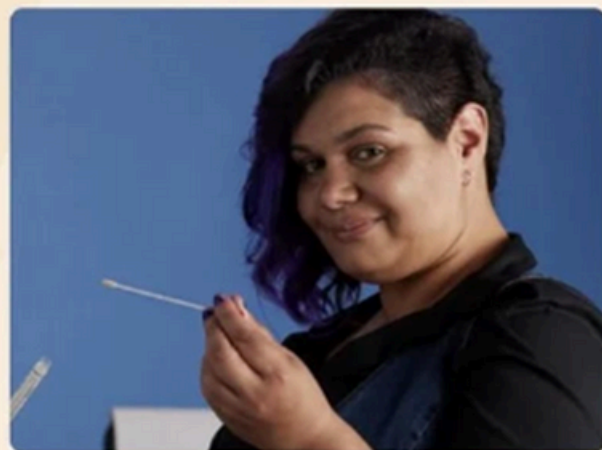
With heavy rain falling across NSW, it's important to stay alert to the dangers of floodwater and the health risks associated with it.

Floodwaters can carry harmful bacteria, chemicals, and debris. Avoid contact where possible, and never drive or walk through flooded areas.

Dr Jason Agostino on the Ron Wilson Show
Diabetes is hitting our mob hard 1 in 6 Aboriginal and Torres Strait Islander adults are living with it. That's three times more than non-Indigenous people. Dr Jason Agostino says many people don't even know they have it, which means they miss out on early help. Getting checked early can make a big difference. Our Aboriginal health services are doing strong work, giving care that understands culture and community but they need more support to keep going. "We've got the answers strong community care, early checks, and action led by mob, for mob."

"We can prevent diabetes - but we must empower communities to lead."

Dr Jason Agostino, NACCHO speaks with Ron Wilson, Omny Studio



New campaign urges greater awareness and screening for cervical cancer in First Nations communities



First Nations women are twice as likely to get cervical cancer but many aren't getting screened.

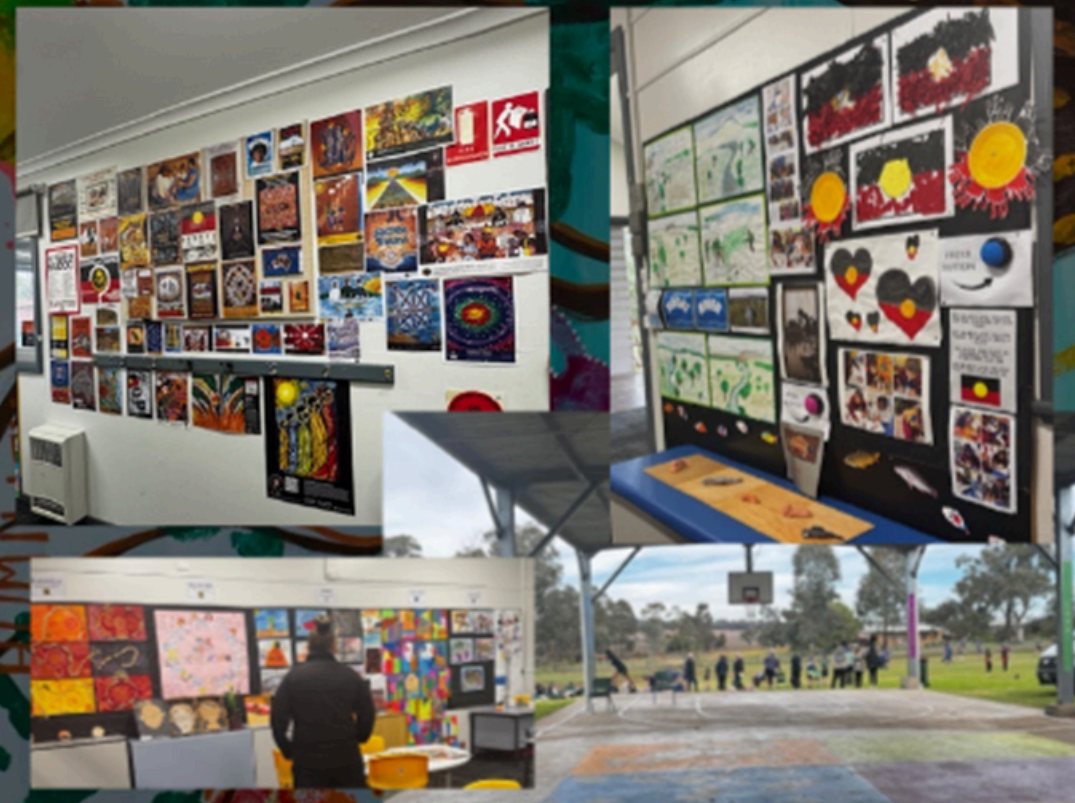
The new Own It campaign is here to change that, with support from NACCHO and other national health groups. The goal? Eliminate cervical cancer by 2035.

You can now choose the HPV self-collect test a private, simple, and culturally safe way to get screened every 5 years from age 25 to 74.

In 2024 alone, tens of thousands have already chosen self-collection. It's your body, your health, your choice.

Walhallow Public School NAIDOC

Walhallow Public School proudly celebrated NAIDOC with a vibrant and heartfelt community gathering. The day featured a delicious BBQ and snacks, a meaningful assembly, football matches with teams from surrounding schools, and a captivating art show showcasing the talents and stories of local Indigenous culture. We sincerely thank the staff, students, and families for their enthusiasm and commitment to honouring Aboriginal culture your efforts made the day truly unforgettable. we also later attended the school to watch their play of "How the birds got their colours." Thank you to all students and staff it was a fantastic show.



Upcoming Events

Tamworth

- Hats Off to Country Music Festival
11–13 July 2025 Various venues in Tamworth
- Christmas in July at Dungowan Hotel
Saturday, 19 July 2025, 6:00 PM Dungowan Hotel
- Aboriginal Cultural Showcase
Date TBA Traditional dance, storytelling, and cultural performances
- NDIS Connection Days
28 August 2025

Liverpool Plains Shire

- Our Spaces Within: Yoga, Writing & Sound Journey
Friday, 18 July 2025, 7:00 PM – 9:00 PM Quirindi Library
- Quirindi Spring Show
Saturday, 13 September 2025 Quirindi Showgrounds
- Outdoor Cinema Nights
Dates to be announced Various local parks in Liverpool Plains